

# INJECTABLES AFTERCARE

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## POST CARE FOR BOTULINUM TOXIN A

Do not rub or touch the treated area until the next morning. No facial treatments, laser or massage. This is to help avoid any complications.

It is recommended you do not lie down for the next 4-6 hours as you may inadvertently rub the treated areas. For the same reason you shouldn't do strenuous exercise after treatment.

Avoid exposure to any heat treatments such as sauna, hot tub or tanning for up to 48 hours.

Paracetamol is recommended for any headaches or pain. Try to avoid medicines such as ibuprofen (Nurofen) or diclofenac (Voltaren) for the next 24 hours.

There is a small risk of bruising. If this occurs do not worry as it is temporary, it's generally minor and can easily be covered up with makeup. Arnica tablets and hirudoid cream helps reduce bruising.

Your treatment will take 4-7 days to start working. It may take 2 weeks to see the full results. If after 2 weeks, you feel that you still have more muscle movement than expected, then this can be adjusted at your post injection assessment, at an additional cost.

## POST CARE FOR DERMAL FILLERS

Do not rub or touch the treated area until the next morning.

Do not consume alcohol for 24 hours after the treatment.

Try to avoid lying down or any strenuous exercise for 6 hours after treatment.

It is recommended to avoid extended exposure to sun or UV light and extreme hot or cold temperatures including hot drinks, if you're lips have been treated. Avoid facial laser treatment to the treated area for up to four weeks.

For cheek augmentation it is recommended to avoid restrictive headwear, including goggles, sunglasses or motorcycle helmets for up to four weeks.

It is recommended not to apply make up to the treatment area until 12 hours post treatment.

There will be some swelling and bruising, however do not worry as it will only be temporary. Arnica tablets or hirudoid cream can help reduce bruising.

You may feel lumps for up to 2 weeks, as your body adjusts to the new volume. If you can see any lumps and have concerns please contact your cosmetic Nurse or Doctor.

It may take 2 weeks to see the full results and we recommend to book in for a follow up injection assessment with your cosmetic Nurse or Doctor.

## NECROSIS SIGNS

Skin Blanching - White areas on the Skin

Varying Degrees of Pain

Swelling

Severe Bruising

If you present with any of the above side effects after treatment you must contact Looks on 1300 255 913 or contact your nurse directly.

## CONTACT

Shop 50A Winston Hills Mall  
Caroline Chrisholm Drive  
Winston Hills NSW 2153  
For a free consultation call  
us on **1300 056 65**

## OPENING HOURS

Mon, Wed, Fri	9:00am - 5:30pm
Tue	9:00am - 7:00pm
Thurs	9:00am - 9:00pm
Sat	9:00am - 5:00pm
Sun	10:00am - 4:00pm

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